

OUR CAUSE

The YMCA is the unparalleled cause for strengthening community because we are the community. We are a powerful association of men, women and children joined together by a shared commitment to nurturing the potential of kids, promoting healthy living and fostering a sense of social responsibility.

We believe that lasting personal and social change can only come about when we all work together to invest in our kids, our health and our neighbors. That's why, at the Y, strengthening community is our cause. Every day, we work side by side with our neighbors in our community to make sure that everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive.

YMCA KEY INITIATIVES

- Activate America; Y's work with Health Seekers.
- FREE Swim Lessons for children in childcare center.
- Financial assistance for Y memberships and programs.
- Horizon Blue Cross / Blue Shield Healthy U Program addressing childhood obesity.



CHANGING LIVES AND CONTRIBUTING TO A BETTER COMMUNITY...

Financial assistance keeps the Y available for kids and families who need us most. We count on the generosity of our members and community to help people of all ages and from all walks of life be more healthy, confident, connected and secure. When you give right in your own neighborhood to the Y, your gift will have a meaningful, enduring impact .

SOUTH BRUNSWICK FAMILY YMCA
www.southbrunswickymca.org

Your tax deductible donation will have a meaningful, enduring impact right here in your own neighborhood and will go directly to helping make Y programs and membership available to those in need.
Thank you for your generous support!

Find us on 



**FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

OUR STORY AND YOURS

**SUPPORT YOUR LOCAL Y
SOUTH BRUNSWICK FAMILY YMCA**



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A YMCA Initiative