



Fitness Center Policies

- A Facility Membership is required to use the Fitness Center.
- Proper workout clothing and sneakers are required.
- Children under 13 years of age are not allowed to use the Fitness Center unless they are enrolled in a class or personal training session.
- Free weights and equipment must be returned to their proper place and users must wipe down machines after use.
- Any personal items should be stored in lockers in the locker rooms. Storage is at your own risk.
- New members are strongly encouraged to schedule their three (3) free fitness orientations with a personal trainer before using the Fitness Center. Contact the Welcome Center at x201 for details.