



Group Exercise Policies

- A Facility membership is required to participate in any Group Exercise class.
- Members are required to register for classes by completing a Class Enrollment form each program session.
- Facility members 13 years and older are permitted to register and participate in Group Exercise classes.
- Registered group exercise class participants between 13 and 15 years of age must be accompanied by a parent in the Group Exercise class.
- Registered group class participants between 13 and 15 years of age must be situated closest to the door.
- The Group Exercise instructor reserves the right to remove any person(s) from a Group Exercise class for inappropriate behavior or disrupting the class.
- Facility members under the age of 13 are not permitted in Group Exercise classes.